

# Newsletter

7/26/2024

## Meet the Staff

**Kevin Adams** –  
Administrator

**Edwina Espinosa** – McCall  
Administrator

**Sakura Villasenor** – Client  
Care Coordinator

**Wendy Taylor** – Client Care  
Coordinator

**Bethanee LeMesurier** –  
Bookkeeper

**Alicia Pressley** – Human  
Resources

**Carol Bolt** – Administrative  
Assistant

**Angelica Velasco-Aceves** –  
On-Call Client Care  
Coordinator

**Moriah Akers** – On-Call  
Office Coordinator

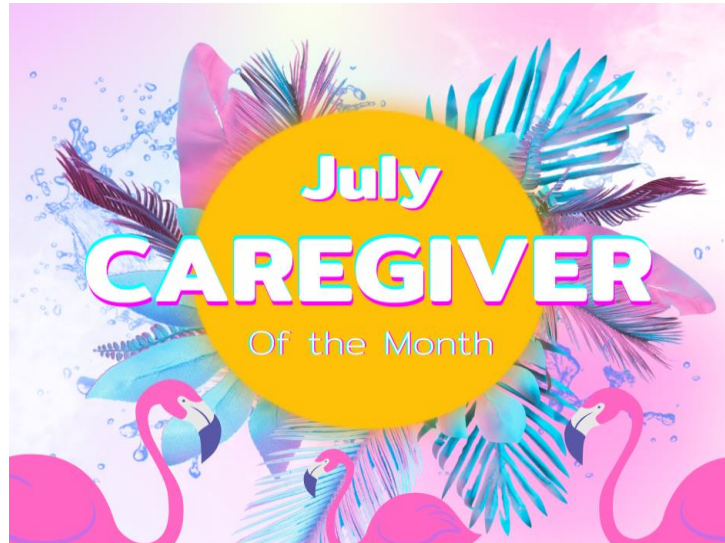
## Dates to Remember:

**School starts this month.**  
Please call the office for any  
schedule changes.

# Trinity HC&R

## Our Caregivers are the BEST!

Congratulations to **Cindy Charles** for being our Caregiver of the month!



*Cindy Charles*

**Cindy Charles** is our July Caregiver of the month. Cindy has only been with us for a short time but she is a wonderful caregiver who gives her all to her clients and they love her for it. Cindy is great with communication and getting her compliances turned in on time. Thank you Cindy!

**WELCOME BACK!**

Please help us in welcoming **Moriah Akers** to our team! Moriah has worked with us in the past and is now back as our on-call office coordinator. She will be helping with our after hours on-call, call-throughs and in the office as an extra body when needed. We're very excited to have her back!

# Contact Us

Company Name:

Trinity Home Care & Resource

Addresses:

6154 N. Meeker Pl.

Ste 150

Boise, ID 83713

AND

106 East Park Place

Ste 106

McCall, ID 83638

Phone:

(208) 938-1760

Fax:

(208) 939-8275

Email:

TEAM@thcri.com

Website:

www.thcri.com

Hours:

Monday thru Friday

8am to 4pm

On-Call 24/7

For Emergencies



## Caregiving Quotes:

My Caregiver mantra is to remember: The only control you have is over the changes you choose to make.

The closest thing to being cared for is to care for someone else.

They may forget what you said, but they will never forget how you made them feel.



**AUGUST BIRTHDAYS!**

- CAROL B.
- JANET B.
- BARBARA B.
- TAMMIE C.
- CANDICE C.
- DONNA D.
- MEGAN D.
- ASA H.
- VERA L.
- BENJAMIN M.
- PAMELA O.
- JOHN R.
- ELAINE W.
- KALEENE W.
- PATRICIA W.

*Celebrating all our August Birthdays! We have a lot this month so Happy Happy Birthday to you all. We hope you enjoy your day!*





*Celebrating all our August Anniversaries! Thank you for being a part of our team!*



**August Anniversaries**

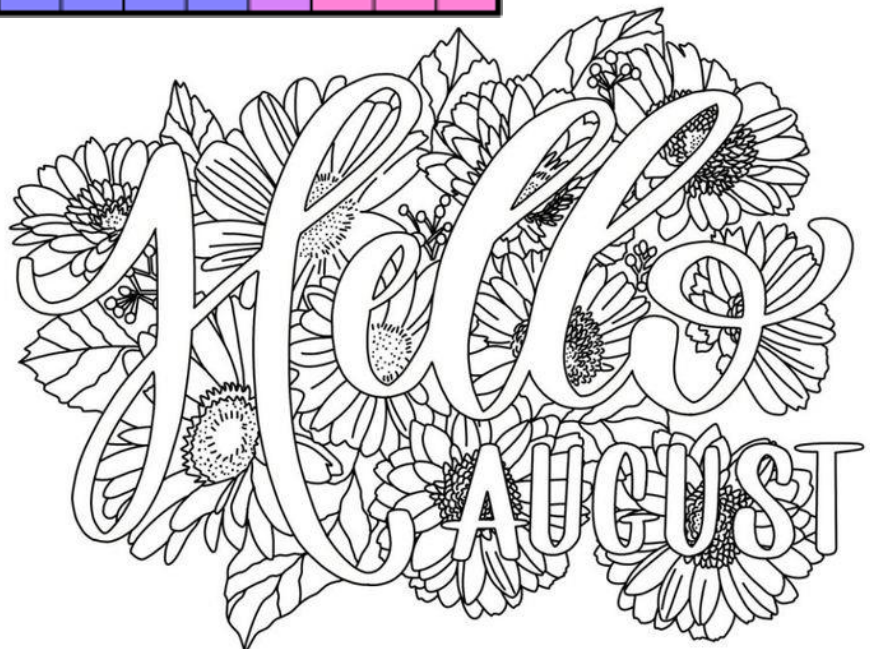
- 8 yrs. Dodie B.**
- 6 yrs. Sedona A.**
- 4 yrs. Sarah C.**
- 3 yrs. Connie H.**
- 3 yrs. Karen M.**
- 3 yrs. Summer P.**
- 2 yrs. Kerrie G.**
- 2 yrs. Delmer S.**
- 2 yrs. Michelle W.**
- 2 yrs. Loretta S.**
- 2 yrs. Leslie D.**
- 1 yr. Douglas G.**
- 1 yr. Araseli S.**



Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around.

3							4
		2		6		1	
	1		9		8		2
		5				6	
	2						1
		9				8	
	8		3		4		6
		4		1		9	
5							7

**Fun Zone!**



Check out this sweet treat!

## LAVA CAKE

### Ingredients:

- *Cooking spray*
- *4 tablespoons butter*
- *5 ounces sugar-free dark chocolate*
- *3 large eggs*
- *1 egg yolk*
- *1 1/2 teaspoon vanilla extract*
- *1/2 cup Splenda granular*
- *Pinch of salt*
- *2 tablespoons all-purpose flour*



### Instructions:

1. Preheat your oven to 400°F.
2. Grease 6 oz oven-safe containers and arrange them on a baking sheet.
3. Melt butter and chocolate.
4. With a mixer, whip eggs, egg yolk, vanilla, Splenda, and salt until tripled in volume.
5. Add flour and mix until smooth.
6. Gently fold in the melted chocolate.
7. Divide the mixture into the containers.
8. Bake for approximately 9 minutes until the cakes puff up with soft centers.
9. Allow them to cool briefly before enjoying.



**31 DAYS IN THE MONTH**

**National Waffle Day**

**Women's Equality Day**

**National S'mores Day**

**Llama Day**

**Poppy & Gladiola August Flowers**

**National Watermelon Day**

**Left Handed Day**

**8th Month of The Year**

**Back to School Month**

**Astrology Signs**

**Leo**

**Virgo**

**Peridot Birthstone**

**National Video Game Week**

**AUGUST FUN FACTS**

**SUMMER**

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