

Newsletter

3/21/2025

Meet the Staff

Kevin Adams –
Administrator

Edwina Espinosa – McCall
Administrator

Sakura Villasenor – Client
Care Coordinator

Bethanee LeMesurier –
Bookkeeper

Cora Klinchuch-RN

Alicia Pressley – Human
Resources

Carol Bolt – Administrative
Assistant

Angelica Velasco-Aceves –
On-Call Client Care
Coordinator

Moriah Akers – On-Call
Office Coordinator

Dates to Remember:

4/4/2025 – Pay Day

4/18/2025 – Pay Day

Trinity HC&R

Our Caregivers are the BEST!

Congratulations to **Nicole D’Achino** for being our Caregiver of the month and to **Patricia Guadarrama-Dahl** for being our Caregiver of the 1st quarter!



Nicole D’Achino & Patricia Guadarrama-Dahl

Nicole D’Achino is our March Caregiver of the month. Nicole has been with us for 10 years! She is a very caring caregiver who always ensures her clients get the care and resources they need even when she is dealing with so much in her own life.

Patricia Guadarrama-Dahl was picked as our Caregiver of the 1st quarter. Patricia has been with us for 5 yrs. One of her clients said they just love her and she has helped them so much. Another said she is great and wanted to make sure we knew it.

They have both done an exceptional job at communicating with the office. They’re also great with using the app, completing their timecards daily and making sure their compliances are up to date.

Thank you for everything you do and all your hard work!

Contact Us

Company Name:
Trinity Home Care & Resource

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6154 N. Meeker Pl.

Ste 150
Boise, ID 83713

AND
106 East Park Place

Ste 106
McCall, ID 83638

Phone:
(208) 938-1760

Fax:
(208) 939-8275

Email:
TEAM@thcri.com

Website:
www.thcri.com

Hours:
Monday thru Friday

8am to 4pm

On-Call 24/7
For Emergencies

Spring Time:



April Birthdays

- Adelle A.
- Sedona A.
- Moriah A.
- Cora A.
- Patricia C.
- Sierra C.
- Sydney D.
- Karen D.
- Danika F.
- Trisha G.
- Katherine L.
- Cassie M.
- Waleed M.
- Kishala O.
- Sekarina P.
- Allie P.

Spring Cleaning Checklist

Kitchen

- Empty and clean cabinets
- Wash tiles/countertops
- Clean fridge inside and out
- Deep clean stove and oven

Living room

- Dust lamps and frames
- Check/clean light fixtures
- Vacuum couches and rugs
- Wash doors and windows

Bathroom

- Jet wash tiles
- Discard old products
- Wash shower curtain
- Replace old candles
- Scrub soap dishes
- Wash shower door

Exterior

- Clean up gutters
- Wash patio furniture
- Paint touch up
- Jet wash deck / walkways
- Check light fixtures
- Maintain landscaping

Bedroom

- Rotate and flip mattress
- Vacuum shades and rugs
- Wash pillows and covers
- Wipe shelves/ornaments
- Organize closet/drawers

Celebrating all our April Birthdays! We have so many this month so Happy, Happy Birthday to you all. We hope you all enjoy your special day!

Happy April Birthdays!



Celebrating all our April Anniversaries! Thank you for being a part of our team!



Fun Zone!

APRIL ANNIVERSARIES

- 10 YRS. NICOLE D.
- 7 YRS. INES G.
- 6 YRS. TYLER A.
- 5 YRS. PATRICIA G.
- 4 YRS. KALEENE W.
- 3 YRS. DINORAH R.
- 2 YRS. BRITNI M.
- 2 YRS. FRANCO G.
- 2 YRS. MARIA G.
- 2 YRS. DEBORAH T.
- 2 YRS. JOHN R.
- 2 YRS. LOIS S.
- 1 YR. CATHERINE P.
- 1 YR. ROBIN H.
- 1 YR. SUMMER W.
- 1 YR. TINA A.

Please remember that getting your compliances turned in on time is a requirement of your job. Simply email a picture of it to team@thcri.com If you have questions, please let us know. Keep an eye out for those reminders. The new policy has started!

e a s t e r

Tic-Tac-Tournament!

Help the baby birds find their way home!

Happy Easter

Word Unscramble

NNYUB

SGEG

TSEAR

ABKSTE

Word Search

d	l	o	w	b	e	b	j	y	b	m	e
v	c	s	u	g	p	a	r	p	k	m	e
o	s	n	g	p	a	s	c	c	q	x	t
e	n	r	s	e	p	t	y	h	d	i	c
y	i	w	p	g	g	o	a	o	w	x	a
c	b	t	r	g	x	r	d	c	n	g	n
o	o	e	i	s	e	r	i	o	j	w	d
o	r	k	n	c	p	a	l	l	c	e	y
p	w	s	g	e	o	c	o	a	c	n	u
t	r	a	g	y	t	r	h	t	a	e	u
q	e	b	j	t	a	b	t	e	k	r	u
t	a	e	a	s	t	e	r	e	e	n	

Easter Detective

Something is missing! Circle the 6 things that are missing from the picture on the right.

basket
 bunny
 cake

candy
 carrots
 chocolate

easter
 eggs
 holiday

renew
 robins
 spring

Overnight Oats!

CARROT CAKE OVERNIGHT OATS



INGREDIENTS:

- Oats: 40g
- Coconut Milk, unsweetened: 120g
- Ladder Vanilla Protein Powder: 0.5 scoop (equal to 13g protein)
- Carrots, finely shredded: 15g
- Walnuts, chopped: 10g
- Raisins: 10g
- Ground Cinnamon: To taste
- Organic Maple Syrup: 8g

INSTRUCTIONS:

Pour coconut milk into a mason jar, and add in the oats, shredded carrots, walnuts and raisins. Mix in ground cinnamon and maple syrup. Cover and refrigerate overnight. Enjoy for breakfast in the morning!

