

Newsletter

12/27/2024

Meet the Staff

Kevin Adams –
Administrator

Edwina Espinosa – McCall
Administrator

Sakura Villasenor – Client
Care Coordinator

Wendy Taylor – Client Care
Coordinator

Bethanee LeMesurier –
Bookkeeper

Cora Klinchuch-RN

Alicia Pressley – Human
Resources

Carol Bolt – Administrative
Assistant

Angelica Velasco-Aceves –
On-Call Client Care
Coordinator

Moriah Akers – On-Call
Office Coordinator

Dates to Remember:

12/31/2024 – Offices
Closed at 1pm

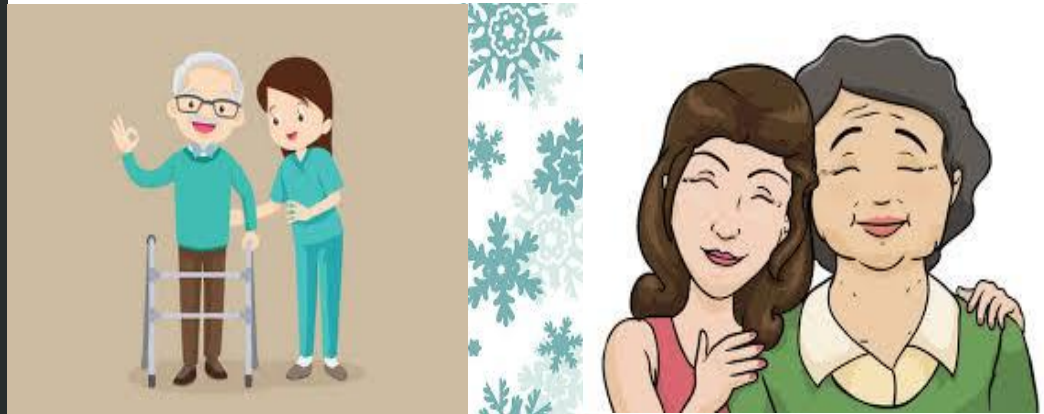
1/1/2024 – Offices Closed

1/20/2024 – Offices Closed

Trinity HC&R

Our Caregivers are the BEST!

Congratulations to **Danella McGuffie & Angela Cheverton** for being our Caregiver of the month & 4th quarter!



Danella McGuffie

Angela Cheverton

Danella McGuffie is our December Caregiver of the month. Danella has been with us for 3.5 yrs. She is a very caring caregiver who has done an exceptional job at communicating with the office for everything. She is also great with using the app and completing her timecards daily.

Angela Cheverton is our Caregiver of the 4th quarter. Angela has been with us for a year. She also worked with us in the past for a couple years. She is a wonderful caregiver who has done an exceptional job at communicating with the office. She is also great with using the app and completing her timecard daily.

Both caregivers are very good at getting their compliances turned in, in a timely manner. **Thank you for everything you do and all your hard work!**

Contact Us

Company Name:

Trinity Home Care & Resource

Addresses:

6154 N. Meeker Pl.

Ste 150

Boise, ID 83713

AND

106 East Park Place

Ste 106

McCall, ID 83638

Phone:

(208) 938-1760

Fax:

(208) 939-8275

Email:

TEAM@thcri.com

Website:

www.thcri.com

Hours:

Monday thru Friday

8am to 4pm

On-Call 24/7

For Emergencies

Staffing Updates:

1st we are sad to announce that Wendy Taylor's last day with us will be January 3, 2025. We want to wish her well in her new ventures. Please be patient with us during this transition and as we train someone to take over for her.

2nd Connie is no longer with the company but we are happy to announce that we have a new Supervising Nurse! Her name is Cora Klinchuch. Cora always knew she wanted to be a nurse. She was a CNA before getting her nursing license. She loves being a nurse because it gives her the opportunity to help people when they are at a low point in their lives. Cora also loves meeting new people. Outside of work she spends a lot of time with her family and her boyfriend. She enjoys camping in the summers and going on vacations. Please help us in welcoming her to the team. Cora will not be in the office much but you can reach her through us in the office or through emails. Please be patient during this training period.



January
BIRTHDAYS!

- | | |
|-----------------------------------|------------------------------------|
| <input type="radio"/> Natalya B. | <input type="radio"/> Lori K. |
| <input type="radio"/> Trent B. | <input type="radio"/> Dorothy M. |
| <input type="radio"/> Miriam C. | <input type="radio"/> Francoise N. |
| <input type="radio"/> Lisa C. | <input type="radio"/> Tami P. |
| <input type="radio"/> Misty C. | <input type="radio"/> Ana S. |
| <input type="radio"/> Nicole D. | <input type="radio"/> Loren S. |
| <input type="radio"/> Cristina D. | <input type="radio"/> Barbara S. |
| <input type="radio"/> Franco G. | <input type="radio"/> Savannah S. |
| <input type="radio"/> Douglas G. | <input type="radio"/> Angelica V. |
| <input type="radio"/> Lakota H. | <input type="radio"/> Harold W. |
| <input type="radio"/> Shayne H. | <input type="radio"/> Nicole W. |
| <input type="radio"/> Diana J. | |

Celebrating all our January Birthdays! We have so many this month so Happy, Happy Birthday to you all. We hope you all enjoy your special day!





Celebrating all our January Anniversaries! Thank you for being a part of our team!



Fun Zone!

Please remember that getting your compliances turned in on time is a requirement of your job. Simply email a picture of it to team@thcri.com If you have questions, please let us know. Keep an eye out for those reminders. The new policy starts on January 1, 2025!

January Work Anniversaries

Lisa I.	12 yrs.
Linda G.	5 yrs.
Sandi S.	5 yrs.
Crystal C.	3 yrs.
Brittany P.	3 yrs.
Chelsey N.	1 yr.
Tricia F.	1 yr.
Angela C.	1 yr.
Darian H.	1 yr.
Sekarina P.	1 yr.
Sandra S.	1 yr.
Laurel F.	1 yr.

Y E O T N I M T W I C Y N S G
 O T Y L C L E I C C O B B N N
 S K S I J K L E T D L L Q O I
 X C C O C U S A Q T D O G W D
 R L A A R K D C B B E N N I D
 E S J R A F O V C W I N K N E
 F Y B T F A I K S Z O S S G L
 Z Z I B T L W E E D S N T T S
 S N O W M A N E V F L D S V I
 G C M X Z W R I R E T N I W D
 F P X I X F Y A V J U W J V S
 E K A L F W O N S C H I L L Y

WINTER WORD SEARCH



- | | |
|------------|-----------|
| CHILLY | COAT |
| FREEZING | FROSTY |
| ICICLE | JACKET |
| SCARF | SKI |
| SNOWBALL | SNOWFLAKE |
| SNOWMAN | WINTER |
| COLD | MITTENS |
| ICESKATING | SLEDDING |



Tips for a healthier winter

Tips For Healthy Eating In Winters

- Eat seasonal Vegetables** (Illustration of various fresh vegetables)
- Don't forget to hydrate** (Illustration of a glass of water with a splash)
- Try To Get More Vitamin D** (Illustration of a smiling sun wearing sunglasses)
- Sip Herbal Tea** (Illustration of a white cup of green tea on a saucer)
- Get Plenty Of Vitamin C** (Illustration of a sliced orange)
- Bowl Of soup Is a Must** (Illustration of a bowl of tomato soup with tomatoes)



Eating with the Seasons: Winter

Fruits

 Blood Oranges	 Cactus Pear	 Cherimoya	 Clementine	 Cranberries
 Date Plums	 Dates	 Grapefruit	 Kiwi	 Kumquats
 Lemons	 Mandarin Oranges	 Oranges	 Passion Fruit	 Pear
 Persimmons	 Pomegranate	 Red Banana	 Tangerines	

Vegetables

 Beets	 Belgian Endive	 Broccoli	 Brussels Sprouts	 Butternut Squash
 Cabbage	 Cardoon	 Carrots	 Celeriac	 Collard Green
 Delicata Squash	 Fennel	 Kale	 Leeks	 Onions
 Parsnips	 Potatoes	 Radicchio	 Shallots	 Sweet Potato
 Turnips				

#EatLocal #NurtureVitality

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